February- April 2014

Evening & Weekend Courses: Timetable quick reference

Below is a list of times and locations of our Evening & Weekend Soccer courses. For full details please call one of our team on 0191 551 5191.

Soccer Courses (from 5 yrs)

For £24 Block bookings available (6 weeks)

Sunderland & South Tyneside

Boldon School, NE35 9DZ

Day	Programme	Time	Date	Age	Session
Tuesday	Goalkeepers Only	5.00 - 6.30pm	25 Feb - 1 Apr	5-14	£4

For £18 Block bookings available (6 weeks)

Goals Soccer Centre, SR3 4AG

Day	Programme	Time	Date	Age	Session
Thursday	Game Play	5 - 6pm	27 Feb - 3 Apr	8-13	£3
Thursday	Little Skills	5 - 6pm	27 Feb - 3 Apr	5-7	£3
Friday	Girls Only	5 - 6pm	28 Feb - Ongoing	5-13	£3
Saturday	Saturday Football	10 - 11am	1 Mar - Ongoing	5-13	£3

Hedworthfield CA, NE32 4QD

Day	Programme	Time	Date	Age	Session
Tuesday	Little Skills	5 - 6pm	25 Feb - Ongoing	5-7	£3

Durham Belmont Community School, DH1 2QP

Day	Programme	Time	Date	Age	Session
Monday	Evening Football	5 - 6pm	24 Feb - Ongoing	5-14	£3
Saturday	Saturday football	10.30 - 11.30am	1 Mar - Ongoing	6-10	£3

Little Dribblers (3-5yrs)

Block bookings available (6 weeks) For £18

Day	Venue	Time	Dates
Monday	Doxford Park Community Centre, SR3 2ND	5.30 - 6.30pm	24 Feb - 31 Mar
Monday	Chester Le Street One Point Hub, DH3 3QH	4 - 5pm	24 Feb - 31 Mar
Tuesday	Stadium of Light, SR5 1SU	4 - 5 pm	25 Feb - 1 Apr
Tuesday	Stadium of Light, SR5 1SU	5 - 6pm	25 Feb - 1 Apr
Wednesday	Washington Millenium Centre, NE37 2QD	5.15 - 6.15pm	26 Feb - Ongoing
Wednesday	Stadium of Light, SR5 1SU	5 - 6pm	26 Feb - 2 Apr
Thursday	Stadium of Light, SR5 1SU	4 - 5pm	27 Feb - 3 Apr
Thursday	Stadium of Light, SR5 1SU	5 - 6pm	27 Feb - 3 Apr
Thursday	Hedworthfield CA, NE32 4QD	4 - 5pm	27 Feb - 3 Apr
Saturday	Belmont Community School, DH1 2QP	9.30 - 10.30am	1 Mar - 5 Apr
Saturday	Doxford Park Community Centre, SR3 2ND	9 - 10am	1 Mar - 5 Apr
Saturday	Castle View Enterprise Academy, SR5 3DX	9.30 - 10.30am	1 Mar - 5 Apr
Saturday	**Castle View Enterprise Academy, SR5 3DX**	**10.30 - 11.15am**	**1 Mar - 5 Apr**
Saturday	Washington Millenium Centre, NE37 2QD	9.30 - 10.30am	1 Mar - Ongoing

Pay & Play sessions here only For £1.50

For the younger kids 18-36mths

Pay & Play sessions here only For £1.50

Disability Multi-Sports Programmes

For young people, adults and their siblings

FREE Session

£3 per session

£2 per session

Day	Programme	Venue	Time	Date	Age
Monday	DS Devils Football	Goals Soccer Centre, SR3 4AG	5.30-6.30pm	24 Feb - Ongoing	12+
Tuesday	Sportability Club	Sandhill View Sports Centre, SR3 4EN	5-6pm	25 Feb - Ongoing	5 - 25
Wednesday	Sportability Club	Durham County Cricket Club Pavilion	5-6pm	26 Feb - Ongoing	5 - 25
Thursday	Every Player Counts	Goals Soccer Centre, SR3 4AG	1-2.30pm	27 Feb - Ongoing	16 +
Friday	Every Player Counts	Goals Soccer Centre, SR3 4AG	1-2.30pm	28 Feb - Ongoing	16 +
Saturday	Disability Football	Seaburn Centre, Whitburn Rd, Sunderland SR6 8AA	9-10am	29 Feb - Ongoing	5 - 25

For more information or to book any of the courses featured call 0191 551 5191.

Lines are open Monday to Friday, 9am-5pm.

The Foundation of Light reserve the right to cancel the course up to 48 hours before starting.

FOUNDATION OF LIGHT

THE WORLD AT YOUR FEET

Foundation of Light uses the power of football to involve, educate and inspire young people and their families through a broad range of innovative programmes helping improve lives across the North East.

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REGISTERED CHARITY NO. 1089333